Acknowledgements

Suggested Citation

Reddy LF, Glynn SM. IMPACT: Increasing Members' Planned Action for Community Thriving. Veterans Affairs Rehabilitation Research and Development Center on Enhancing Community Integration for Homeless Veterans, 2024. Available online at: www.MICBTGuide.com

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The VA RR&D Center on Enhancing
Community Integration for Homeless
Veterans, in collaboration with other VAGLA
interdisciplinary team members, established
this manual and online resource to assist
mental health providers supporting
individuals with high-risk conditions to
identify and achieve meaningful personal
goals that can improve quality of life,
motivation, and daily functioning. The views
expressed in this document do not
necessarily reflect those of the Department
of Veterans Affairs.



Funding Source

This manual is the product of a VA Career Development Award (IK2 RX001851) that implemented and evaluated MI-CBT for Veterans with Schizophrenia and a Center award (# I50 RX003437 / D3437-C) that evaluated MI-CBT for homeless-experienced Veterans engaged in the HUD VASH, affiliated with the VA Greater Los Angeles (VAGLA).

Contributors

We thank the following contributors: Michael Green, PhD; Megan Olsen, MSW; Sona Hovsepian, LCSW; Brian Ilagan, MSW; Julio Iglesias, BA; and Sonya Gabriellan, MD, MPH.

Graphic Design and Editorial Services

Graphic design and editorial services were provided by VA communications contractor Maureen T. Jerrett.

For More Information

Questions or feedback related to this document or the website, or assistance with clinical training and implementation, can be directed to: info@micbtguide.com

